

# POST-TEST

## 2021 PrairieCare Education Series

### “Racial Inequality, Life with Coronavirus and the Impact on ACEs”

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Presented by: Charlene Myklebust, PsyD and Danny Porter, MSW, LICSW

1. There are 10 ACEs in the original ACE study?
  - a. True
  - b. False
  
2. ACE study stands for Adult Child Experience Study.
  - a. True
  - b. False
  
3. Results of the 2019 Minnesota Student Survey showed that more Minnesota students than ever are reporting long term mental health, behavioral, or emotional problems.
  - a. True
  - b. False
  
4. Adverse childhood experiences, mental health disorders, and/ or substance use disorders are the most significant risk factors for suicidal behaviors.
  - a. True
  - b. False
  
5. Resilience is a trait that individuals either have or do not have.
  - a. True
  - b. False
  
6. Resilience involves behaviors, thoughts and accompanying feelings that can be nurtured, developed, and learned.
  - a. True
  - b. False